

ALI BERGMANN

PhD Researcher (*Defence Expected 2027*) | **Executive Health & Safety Consultant** | **Sports Scientist**

Human Performance & Recovery Executive | **Health Technology Innovator**

📍 **Location:** International | **Citizenship / Nationality:** German (*Willing to Relocate*)

🌐 **Website:** www.alibergmann.com | 🗣️ **Languages:** Arabic, English, German, Russian, Ukrainian

EXECUTIVE SUMMARY

Executive-level Human Performance, Health & Safety, and Sports Science leader with over 15 years of international experience leading multidisciplinary initiatives across sports science, psychophysiology, occupational health, rehabilitation, higher education, scientific research, health technology, and organizational performance.

Currently pursuing a PhD in Physical Education & Sports Pedagogy (Psychophysiology) with expected defense in 2027. Founder and Lead Developer of an AI-powered Humanitarian Health & Safety Platform integrating artificial intelligence, occupational health, emergency management, digital health, recovery science, and performance analytics. Proven track record in scientific innovation, executive education, elite athlete development, and evidence-based performance optimization.

EXECUTIVE HIGHLIGHTS & KEY ACHIEVEMENTS

- **15+ Years International Leadership:** Multidisciplinary experience across healthcare, sports science, and corporate safety.
- **Health Tech Innovation:** Founder & Lead Developer of an AI-Powered Humanitarian Health & Safety Platform.
- **Patents & Research:** Holder of 7 German Industrial Design Patents and Author of 10 Scientific Publications.
- **Proprietary Methodology:** Creator of the *AliB Recovery Methodology*.
- **Elite Athletics & Distinction:** IAAF World Cup Participant & Holder of 11 National Athletics Records (Lebanon).
- **Academia:** Experienced International University Lecturer in Sports Science and Human Performance.

CORE COMPETENCIES

• Executive Leadership & Strategy	• Exercise Physiology & Psychophysiology	• Artificial Intelligence in Healthcare
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• Organizational Development	• Occupational Health & Safety (EHS)	• Health Technology & Digital Health
• Human Performance Optimization	• Public Health & Risk Management	• Research & Development (R&D)
• Recovery Science & Biofeedback	• Emergency & Crisis Management	• University Teaching & Mentorship
• Sports Medicine & Rehabilitation	• Elite Athlete Development	• Evidence-Based Practice

PROFESSIONAL EXPERIENCE

Director & Manager

Private Mental & Physical Recovery Clinic

- **Strategic Leadership:** Directed multidisciplinary healthcare professionals to deliver comprehensive rehabilitation and evidence-based clinical recovery programs.
- **Program Innovation:** Developed and deployed innovative recovery methodologies, including patient-centered rehabilitation initiatives and performance optimization protocols.
- **Clinical Excellence:** Applied integrated recovery science and evidence-based treatment strategies to significantly elevate patient rehabilitation outcomes.

Health & Safety Consultant

Executive Advisory

- **Risk & Resilience Management:** Conducted comprehensive organizational risk assessments and supported long-term operational resilience planning.
- **Strategy & Compliance:** Formulated occupational health strategies, implemented workplace health and safety (WHS) systems, and ensured strict regulatory compliance.
- **Executive Advisory:** Advised C-suite leadership on workplace health promotion, employee wellbeing initiatives, and integrated safety management.

University Lecturer

Higher Education

- **Courses Taught:** Exercise Physiology, Sports Biochemistry, Psychophysiology, Sports Science, Human Performance, Recovery Science.
- **Academic Delivery:** Delivered undergraduate and postgraduate curriculum, supervised scientific research projects, and developed modern university course materials.

- **Mentorship:** Mentored future healthcare and sports science professionals while applying evidence-based educational practice and assessment.

Physical Education Teacher & Athletic Trainer

Sports Pedagogy & Elite Athletics

- **Athletic Performance:** Prepared elite athletes for international competition through tailored conditioning, injury prevention, and return-to-performance planning.
- **Curriculum & Assessment:** Developed physical education curricula, evaluated athletic performance, and fostered foundational physical literacy.

LEADERSHIP & HEALTH TECH INNOVATION

Founder & Lead Developer — AI-Powered Humanitarian Health & Safety Platform

Designed and built a multi-system health technology platform bridging artificial intelligence with emergency management and occupational health.

- **Core Domains:** Artificial Intelligence, Predictive Analytics, Digital Health, Emergency Management, Risk Assessment, Mental Health, and Recovery Science.
- **Key Function:** Real-time human performance monitoring and automated risk mitigation for high-stress and humanitarian environments.

EDUCATION & ACADEMIC CREDENTIALS

- **Ph.D. Researcher — Physical Education & Sports Pedagogy (Psychophysiology)**

Defence Expected: 2027

- **Master of Science (M.Sc.) — Sport Physiology**
- **Bachelor of Science (B.Sc.) — Olympic & Professional Sports**

PUBLICATIONS, PATENTS & RESEARCH

- **Publications:** Author of 10 Scientific Publications in peer-reviewed contexts.
- **Intellectual Property:** Owner of 7 German Industrial Design Patents.
- **Primary Research Areas:** Psychophysiology, Recovery Science, AI Applications in Healthcare, Biofeedback, Performance Analytics, Digital Health, and Mental Performance.

TARGET EXECUTIVE ROLES

Chief Executive Officer (CEO) • Chief Scientific Officer (CSO) • Chief Health Officer (CHO) • Director of Human Performance • Director of Research & Innovation • Director of Health Technology • Head of Sports Science • Executive Advisor • Senior University Lecturer / Professor